

CoQsol-CF[®]

30 and 120 SoftGels

Ingredients per softgel:

Coenzyme Q10100 mg
 Vitamin E (as d-alpha tocopherol)33 IU
 Mixed Tocopherols15 mg
 Excipients: D-limonene oil, gelatin, glycerin, purified water, miglyol, carob ext. concentrate, caramel liquid.

Suggested Adult Use: Take one softgel daily, or as recommended by a health care practitioner. May be taken with or without food.

Not suitable for vegetarians

Ingredients

CoQsol-CF[®] is a patent pending formulation of crystal-free Coenzyme Q10 solubilized in d-limonene oil. The formula also includes mixed tocopherols. CoQ10 is a nutrient that supports heart function and promotes energy production in cells. CoQ10 is a versatile antioxidant, which stabilizes cell membranes, protecting them from free radical damage. CoQ10 can also powerfully support immune function.*

CoQsol-CF[®] provides the well-known benefits of coenzyme Q10 in a formula designed for enhanced bioavailability. CoQ10 is itself a highly unstable molecule that is prone to crystallization upon exposure to heat, light and air. Many CoQ10 products are, therefore, highly crystallized. This crystallization process may decrease the absorption and bioavailability of the CoQ10. CoQsol-CF[®] solves this problem by providing crystal-free CoQ10 that is highly soluble and has enhanced bioavailability. CoQsol-CF[®] also provides the added antioxidant protection of mixed tocopherols. The end result of using CoQsol-CF[®] is that more of the CoQ10 is actually available for use by the body in performing its critical functions.*

Benefits

CoQsol-CF Boosts Cellular Energy Production*

Coenzyme Q10 is a vitamin-like nutrient found in the human body. Essential to life, CoQ10 works at the cellular level to produce energy for metabolism in the form of ATP.*¹² CoQ10 serves as a vital link in the "electron transport chain," which is the final step in the production of ATP in the mitochondria of cells.

Without an adequate supply of CoQ10, cells can become energy-deficient, slowing down a number of critical cellular processes. When cells are nourished with optimal levels of CoQ10, tissues, organs and systems function properly.

Strengthens and Protects the Heart*

The heart is the hardest working muscle in the body. Because of its high energy requirements, the heart needs CoQ10 at all

times. The highest concentration of CoQ10 in the human body occurs in heart muscle tissue. Numerous clinical studies have demonstrated significant improvements in heart function with oral administration of CoQ10.^{3,4,5} Studies are increasingly showing an ability of CoQ10 to improve energy production in heart cell mitochondria by bypassing defective components in the respiratory chain, as well as to protect heart tissue from the effects of chronic oxidative stress.¹⁴

Antioxidant protecton*

CoQ10 is a versatile antioxidant.* The reduced form of CoQ10, ubiquinol-10, has been found to protect LDL against peroxidation by free radicals more effectively than vitamin E.* CoQ10 stabilizes membranes,* thus protecting them from free radical damage.^{7,8,9} In addition, studies have shown that CoQ10's potent free radical scavenging properties extend to brain tissue, where CoQ10 may protect neurons from the ravages of oxidative damage.¹³ Along with conferring protection to heart and brain tissues, CoQ10 has also been shown to enhance the levels of other antioxidant vitamins in the circulation, such as vitamins, A, C and E.¹³

Benefits the Gums*

A number of studies have shown that CoQ10 supports repair of gingival (gum) tissue. Gingival tissues in people with periodontal disease have been found deficient in CoQ10. In several double-blind clinical trials, oral administration of CoQ10 has resulted in significant improvements.^{10,11}

CoQ10 - Vitamins E's Partner

In vitro studies suggest CoQ10 in combination with vitamin E protects LDL cholesterol from oxidation more effectively than vitamin E alone. Protecting LDL from being oxidized by free radicals is a major factor in maintaining cardiovascular health.^{9,12}

Diverse Clinical Benefits*

A number of research studies and clinical reports suggest a broad range of potential benefits from CoQ10 supplementation, stemming from its ability to support the heart and cardiovascular system, the immune system, cellular energy production, liver function, nerves, and muscles.*



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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Scientific References

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CoQsol-CF™ is a new patent pending form of CoQ10 that provides enhanced bioavailability of this critical nutrient. CoQsol-CF™ provides CoQ10 in a crystal-free, oil-based solution with mixed tocopherols for added antioxidant protection. CoQ10 tends to re-crystallize when in a suspension. Our CF formula, unlike a suspension, is in a crystal free form, for complete solubility and increased absorption.*

Enhances Energy Production in Cells*
Potent Antioxidant Protection*

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Doctor's
BEST®

**Science-Based
Nutrition™**

*Dietary
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**Enhanced
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CoQsol
*SUPPORTS
HEART FUNCTION** **CF**®

100mg / 30 Softgels

Supplement Facts

Serving Size 1 softgel
Servings per container 30 servings

	Amount per serving % Daily Value**	
Vitamin E (as d-alpha tocopherol)	33 IU	100%
Coenzyme Q10	100 mg	†
Mixed Tocopherols	15 mg	†

** % Daily Values are based on a 2,000 calorie diet
† Daily Value not established.

Pharmaceutical Grade

Other ingredients: D-Limonene oil, gelatin, glycerin, purified water, miglyol, carob ext. concentrate, caramel liquid.

Suggested Adult Use: Take one softgel daily, or as recommended by a health care practitioner, with or without food.

Not Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS