

Coconut Oil (Extra Virgin)



n/a *

Dosage: n/a

Size: 16 oz./454 g

Category: Lipid Fatty Acids

Product Number: 16033

Product Code: COCOV

Usage: Coconut Oil is ideal for cooking and baking.

Jarrow Formulas Extra Virgin Organic Coconut Oil (*Cocos nucifera*) is expeller-pressed from the fresh flesh of the coconut palm, and does not utilize any solvents in the manufacturing process. Coconut oil is a rich source of Medium Chain Triglycerides (MCTs), such as lauric acid (C-12) and caprylic acid (C-8).

Coconut oil is stable even during long periods of storage. Because its melting point is 75-76° F, coconut oil can be used in both liquid or solid forms, making it ideal for cooking and baking.

100% Organic. Best kept refrigerated after opening. Product of the Philippines. Suitable for vegans.

Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Other Ingredients: 100% Expeller Pressed, Organic, Extra Virgin Coconut Oil.

Nutrition Facts

Serving Size 1 Tbsp (14 g)

Servings Per Container Approx 32

Amount Per Serving

Calories 125	Fat. Cal. 125
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% Daily Value*

Total Fat 14 g	22%
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Sat. Fat 13 g	65%
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Polyunsat. Fat 0.5 g	
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Monounsat. Fat 0.5 g	
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Cholesterol 0 mg	0%
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Sodium 0 mg	0%
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Total Carb 0 g	0%
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Protein 0 g	*
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* Percent Daily Values are based on a 2,000 calorie diet.