

Iron-Free Advanced Nutritional System™

available in 60 & 180 sizes

The iron-free version of the most scientifically advanced, antioxidant-packed multivitamin ever created to help cope with stress. It features nutrient antioxidants such as 400 IU of vitamin E, 1,000 mg of vitamin C, 200 mcg of selenium and 5,000 IU of beta-carotene (plus 5,000 IU of vitamin A, for a total of 10,000 IU of vitamin A activity) as well as food-derived and herbal antioxidants for broad spectrum antioxidant protection. And as one of our SafeGuard™ products, this formula contains no iodine for those with thyroid concerns, no PABA for those on sulfa medications, no vitamin K for those on blood-thinning medications and no iron for those not needing additional iron.



[MULTIVITAMINS](#)

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Supplement Facts

Serving Size 6 Tablets

	Six Tablets Provide	% DV		Six Tablets Provide	% DV
Vitamin A (50% Beta-Carotene, 50% Palmitate)	10,000 IU	200%	Other Dietary Ingredients (cont.)		
Vitamin C (Magnesium Ascorbate)	1,000 mg	1667%	Tocomin® Palm Tocotrienol Phytocomplex	10 mg	*
Vitamin D ₃ (Cholecalciferol)	400 IU	100%	(d-gamma tocotrienol, d-alpha tocotrienol, d-delta tocotrienol, d-alpha tocopherol, phyosterols and phytoosterols)		
Vitamin E (d-alpha Tocopherol plus mixed tocopherols)	400 IU	1333%	Lemon Bioflavonoids	250 mg	*
Thiamin (Vitamin B-1)	22 mg	1467%	Grape Skin Extract	18 mg	*
Riboflavin (Vitamin B-2)	25 mg	1471%	Quercetin	30 mg	*
Niacinamide (Vitamin B-3)	100 mg	500%	Rutin	20 mg	*
Pyridoxine (Vitamin B-6)	30 mg	1500%	Hesperidin	15 mg	*
Folic Acid	400 mcg	100%	Boron (Krebs Complex, Glycinate)	500 mcg	*
Cyanocobalamin (Vitamin B-12)	90 mcg	1500%	Vanadium (Krebs Complex)	30 mcg	*
Biotin	600 mcg	200%	Choline (Bitartrate)	100 mg	*
Pantothenic Acid (Vitamin B-5)	100 mg	1000%	Inositol	50 mg	*
Calcium (Amino Acid Chelate, Krebs Complex, Carbonate)	240 mg	24%	Vegetables & Nutrient-Dense Green Foods		
Magnesium (Oxide, Krebs Complex, Ascorbate)	300 mg	75%	Spirulina	750 mg	*
Zinc (Krebs Complex, Monomethionine)	20 mg	133%	Sea Vegetable Complex (Bladderwrack, Nori, Wakame)	18 mg	*
Selenium (Selenomethionine)	200 mcg	286%	Chlorophyll	6 mg	*
Copper (Krebs Complex)	2 mg	100%	Octacosanol (from Spinach)	300 mcg	*
Manganese (Krebs Complex)	5 mg	250%	Tomato Paste (providing Lycopene)	50 mg	*
Chromium (Polymicronate)	200 mcg	167%	4:1 Vegetable & Herbal Extracts	36 mg	*
Molybdenum (Aspartate, Krebs Complex)	50 mcg	67%	(equivalent to 144 mg of vegetable & herbal powder)		
Potassium (Chloride, Krebs Complex)	99 mg	3%	Astragalus [root], Horsetail [herb], Jujube [fruit], Seaweed, Carrots, Broccoli, Spinach, Parsley, Stinging Nettle [tops], Beets, Celery, Green Beans		
Food Enzyme Complex			4:1 Herbal Extract Blend	546 mg	*
Lactobacillus sporogenes (Stabilized Flora)	30,000,000 cells	*	(equivalent to 2,184 mg of herbal powder)		
Apple Pectin	240 mg	*	Codonopsis [root], Gentian [root], Citrus [peel], Rehmannia [root], Chinese Yam [root], Gymnema [leaf], Astragalus [root], Mori Alba [fruit], German Chamomile [flower], Jujube [fruit], Lycium [berries], Reishi [mushroom], Bai-Zhu Atractylodes [rhizome], Momordica [fruit], Asparagus [root], Broomrape [herb], Chinese Dodder [seed], Fo-Ti [root], Gotu Kola [herb], Schisandra [fruit], Poria [herb], Chinese Peony [root]		
Green Papaya	30 mg	*			
Protease (3,600 HUT*), Amylase (280 DU*), Lipase (3 LU*), Cellulase (4 CU*)					
Other Dietary Ingredients					
Dunaliella (Sea Vegetable)	52 mg	*			
Yielding Alpha-Carotene	2 mg	*			
Yielding Zeaxanthin	315 mcg	*			
Yielding Cryptoxanthin	384 mcg	*			
Yielding Lutein	240 mcg	*			

* Daily Value (DV) not established. Krebs Complex is a blend of Citrate, alpha-Ketoglutarate, Succinate, Fumarate, and Malate forms of the mineral.

Other ingredients: modified starch, stearic acid (vegetable), silica, cellulose, magnesium stearate. Coating: vegetable food glaze.