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Product Information

Item Alpha Lipoic Acid 100 mg
Size/Form 60, 100 Capsules
SKU Number 310,311
Recommended Daily Dosage Take 1 capsule daily with a meal.



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*Powerful Antioxidant**

Water- and Fat-Soluble

*Alpha Lipoic Acid is a powerful antioxidant that helps protect the body from oxidative damage related to aging and exercise. ALA supplementation can also support glucose uptake by the body's cells.**

SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 60, 100

Ingredient	Amt Per Serving	% Daily Value
alpha Lipoic Acid	100 mg	**

**Daily Value Not Established.

Other Ingredients

Rice Powder, Gelatin, Magnesium Stearate.

NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

Other Information

STORE IN A COOL, DRY PLACE.
 KEEP OUT OF REACH OF CHILDREN.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For product questions, please e-mail customer-service@natrol.com,
or contact a Consumer Relations Representative toll free at
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