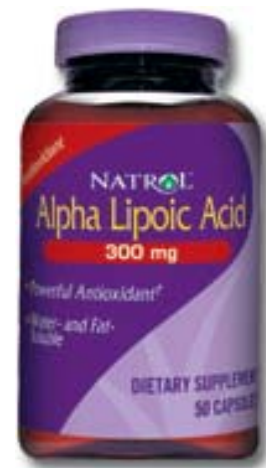


Search for Product

[Where to buy](#)

Product Information

**Item** Alpha Lipoic Acid 300 mg  
**Size/Form** 50 Capsules  
**SKU Number** 312  
**Recommended Daily Dosage** Take 1 capsule daily with a meal.



[Categories](#)

[Ask Our Nutritionist](#)

[Newsletter](#)

Supplement Encyclopedia

[Featured Product](#)

- *Powerful Antioxidant\**
- *Water and Fat Soluble*

*Alpha Lipoic Acid (ALA) is a powerful antioxidant that helps protect the body from oxidative damage related to aging and exercise. ALA supplementation can also support glucose uptake by the body's cells.\**

**SUPPLEMENT FACTS**

**Serving Size:** 1 capsule  
**Servings Per Container:** 50

Ingredient	Amt Per Serving	% Daily Value
alpha Lipoic Acid	300 mg	**

\*\*Daily Value Not Established.

**Other Ingredients**

Rice Powder, Gelatin, Magnesium Stearate.

**NO** Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

**Other Information**

STORE IN A COOL DRY PLACE.  
 KEEP OUT OF REACH OF CHILDREN.

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For product questions, please e-mail [customer-service@natrol.com](mailto:customer-service@natrol.com),  
or contact a Consumer Relations Representative toll free at  
800-2-NATROL (800-262-8765)

[Email this page](#) | [Search for Product](#) | [Back to Results](#) | [Where to Buy](#)

[Home](#) | [Products](#) | [Where to Buy](#) | [Nutrition Club](#) | [About Natrol](#) | [Branded Sites](#)

[Terms and Conditions](#) | [Privacy Policy](#) | [Contact Us](#) | [Site Map](#)