

Search for Product

[Where to buy](#)

Product Information

Item Alpha Lipoic Acid 50 mg
Size/Form 60 Capsules
SKU Number 307
Recommended Daily Dosage Take 2 capsules daily with a meal.



[Categories](#)

[Ask Our Nutritionist](#)

[Newsletter](#)

Supplement Encyclopedia

[Featured Product](#)

- *Powerful Antioxidant**
- *Water and Fat Soluble*

*Alpha Lipoic Acid (ALA) is a powerful antioxidant that helps protect the body from oxidative damage related to aging and exercise. ALA supplementation can also support glucose uptake by the body's cells.**

SUPPLEMENT FACTS

Serving Size: 2 capsules
Servings Per Container: 30

Ingredient	Amt Per Serving	% Daily Value
Alpha Lipoic Acid	100 mg	**

**Daily Value Not Established.

Other Ingredients

Rice Powder, Gelatin, Magnesium Stearate.

NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors, Added Sugar, Starch or Preservatives.

Other Information

STORE IN A COOL, DRY PLACE.
 KEEP OUT OF REACH OF CHILDREN.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For product questions, please e-mail customer-service@natrol.com,
or contact a Consumer Relations Representative toll free at
800-2-NATROL (800-262-8765)

[Email this page](#) | [Search for Product](#) | [Back to Results](#) | [Where to Buy](#)

[Home](#) | [Products](#) | [Where to Buy](#) | [Nutrition Club](#) | [About Natrol](#) | [Branded
Sites](#)

[Terms and Conditions](#) | [Privacy Policy](#) | [Contact Us](#) | [Site Map](#)