Federal Drug Administration (FDA) approved to treat high cholesterol.

Ingredients

Gugulipid

Gugulipid is the leading extract of gum guggul resin. Gum guggul is harvested from Commiphora mukul, a shrub-like tree indigenous to arid regions of northern India.

Gum Guggul

Gum guggul is related to myrrh gum and also to Boswellia serrata, another resinous herb prominent in the Ayurvedic materia medica. Gum guggul, often referred to as simply "guggul," has been used in the Ayurvedic herbal tradition since at least 600 B.C. The herb is mentioned in the Vedas, the Holy Scriptures of India, which are estimated to date back anywhere from 3,000 to 10,000 years. Modern investigation into gum guggul began in 1964, with a series of tests conducted by G.V. Satyavati.

Bioperine®

Traditional Ayurvedic herbal formulas often include black pepper and long pepper as synergistic herbs. The active ingredient in both black pepper and long pepper is piperine, an alkaloid. Experiments carried out to evaluate the scientific basis for the use of peppers have shown that piperine significantly enhances bioavailability when consumed with other substances.

Bioperine® contains 95% piperine extracted from the fruits of black pepper. Several double-blind clinical studies have confirmed that Bioperine® increases absorption of nutrients.

Benefits

Helps Normal Cholesterol and Triglyceride Levels Stay within the Normal Range* The research of gum guggul over the last thirty years has produced a wealth of evidence establishing this herb’s beneficial effect on cholesterol and blood fats. The preliminary studies carried out by Satyavati and her colleagues were done on rabbits fed hydrogenated vegetable oil to artificially elevate cholesterol levels. In contrast to non-treated test subjects, rabbits given gum guggul had normal cholesterol and blood lipid levels and healthy blood vessels.

A number of multicentric clinical trials have tested the efficacy of gugulipid for maintaining normal cholesterol. The CDRI has conducted Phase I trials to establish the safety of the extract. Gugulipid has been found safe and free of unwanted effects on blood chemistry, liver function and the heart. Phase II trials confirmed gugulipid’s effectiveness in normalizing total cholesterol, LDL, HDL and triglycerides.

SOD-Protecting, Antioxidant Action* In an animal study carried out by the CDRI, guggulsterones reversed the decrease in SOD (superoxide dismutase) activity that results from reduced blood flow to the heart. The researchers reported that “SOD was significantly protected by guggulsterone.” Increases in lipid peroxides (free-radical byproducts) and xanthine oxidase, an enzyme that produces oxygen free-radicals, were also reversed. Although preliminary, these findings lend additional support to the use of gugulipid for sustaining cardiovascular health.
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Scientific References
5. 'Bioperine®–Nature's Bioavailability Enhancing Thermonutrient. Executive Summary' 1996; Sabinsa Corporation, Piscataway, N.J.
Ultra Guggulow supplies a standardized extract of gum guggul resin (Gugulipid®), an herb derived from the Commiphora mukul tree in India. Gugulipid® is standardized at 2.5% "guggulsterones," which are active ingredients present in the resin. Bioperine® promotes absorption of nutrients in the GI tract.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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