

Established 1976

## Product Categories

- Amino Acids
- Antioxidants
- Athletic Formulas
- Basic Vitamins
- Bone Formulations
- Brain, Eye, Gum & Dental
- Co-Q10 Products
- Digesting Enzymes
- Garlic & Fibers
- Germanium
- Green, Fruit, Super Foods
- Herbal Formulas
- Joint Nutrition
- Lecithin & Vinegar
- Lipid Fatty Acids
- Minerals
- Multi Vitamins
- Optimizers
- Probiotics
- Protein, Diet & Food
- Specialty Products
- Women's Products

**Zip Code  
Store Locator**  
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## Site Tools

- Job Opportunities
- Press Releases
- Legal Disclaimer
- Wholesale Application
- JarrowBioSil.com
- Contact Us

**L-Carnitine**

Important co-factor for energy production from fats\*

Dosage: 500 mg  
 Size: 100 Capsules  
 Category: Amino Acids  
 Product Number: 02002  
 Product Code: 500SLC

 [Print product info](#)

**Usage:** Take 1 to 4 capsules daily, or as directed by your qualified health consultant.

L-Carnitine is an amino acid found in high concentrations in heart and liver tissue, where it participates in metabolizing fatty acids into energy in the mitochondria. L-Carnitine also facilitates the metabolism of carbohydrates and enhances the rate of oxidative phosphorylation.

L-Carnitine works synergistically with Co-Q10, an antioxidant and energy co-factor that is found in the inner membrane of the mitochondria.

Biosint™ L-Carnitine is manufactured by Sigma-Tau Industries, S.p.A. (Rome, Italy), the pioneer in L-Carnitine science.

Biosint™ is a trademark of Sigma-Tau Industries, S.p.A.

DuraCarn™ L-Carnitine Fumarate is a superior, stable form of L-Carnitine and is 58% elemental carnitine. 862 mg of L-Carnitine Fumarate yields 500 mg elemental L-Carnitine.

**Keep out of the reach of children.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Other Ingredients:** Cellulose, magnesium stearate and silicon dioxide. Capsule consists of gelatin.

**Supplement Facts**

Serving Size 1 Capsule

L-Carnitine	500 mg	*
(from 862 mg L-Carnitine Fumarate)		

\* Daily Value not established.

Click below for more in this category:

[1](#) | [2](#) | [3](#) | [4](#)

**Acetyl L-Carnitine**

Dosage: 250 mg  
 Size: 60 Capsules  
 Product Number: 02007  
[click here for more info](#)

**Acetyl L-Carnitine**

Dosage: 250 mg  
 Size: 120 Capsules  
 Product Number: 15032  
[click here for more info](#)

**Acetyl L-Carnitine**

Dosage: 500 mg  
 Size: 60 Capsules  
 Product Number: 15037  
[click here for more info](#)

**Acetyl L-Carnitine**

Dosage: 1000 mg  
 Size: 100 Grams Powder  
 Product Number: 02010  
[click here for more info](#)

**ALCA™ 500**

Dosage: 500 mg  
 Size: 100 Capsules  
 Product Number: 02009  
[click here for more info](#)

**Amino Surge™**

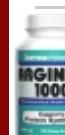
Dosage: 1036 mg  
 Size: 250 Tablets  
 Product Number: 15003  
[click here for more info](#)

**Arginine + Ornithine**

Dosage: 750 mg  
 Size: 100 Capsules  
 Product Number: 15041  
[click here for more info](#)

**Arginine 1000**

Dosage: 1000 mg  
 Size: 100 Easy-Solv® Tablets  
 Product Number: 15036  
[click here for more info](#)

**BCAA**

Dosage: n/a  
 Size: 120 Capsules  
 Product Number: 15053  
[click here for more info](#)

**CarnitALL™**

Dosage: n/a  
 Size: 90 Capsules  
 Product Number: 02011  
[click here for more info](#)

