Astragalus (*Astragalus membranaceus* [Huang Qi], dried root slice). One of the best preventative herbs available. Deep immune system tonic. Improves adrenal gland function. Useful for fatigue, frequent colds, or chronic non-healing sores. Increases production of interferon and increases resistance to viral infections.

Dose: Take 15-30 drops twice a day. Take for 100 days or more to achieve best results.

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