

## Supplements

### B-Complex With Rice Bran Tablets

Product No. 1480

This unique formula of high-potency B-Complex vitamins is specially prepared in a base of rice bran for those who are allergic to or cannot tolerate yeast.

Bottles of:

90 #1480

180 #1490

### Supplement Facts

Serving Size 1 Tablet

Ingredient	Amount	% Daily Value
Thiamin (vitamin B-1) (as thiamine hydrochloride)	10 mg	667 %
Riboflavin (vitamin B-2)	10 mg	588 %
Niacin (as niacinamide)	50 mg	250 %
Vitamin B-6 (as pyridoxine HCl)	10 mg	500 %
Folate (as folic acid)	100 mcg	25 %
Vitamin B-12 (as cyanocobalamin)	10 mcg	167 %
Biotin	20 mcg	7 %
Pantothenic Acid (as calcium pantothenate)	15 mg	150 %
Choline (as bitartrate)	50 mg	†
Inositol	50 mg	†
PABA (as para-aminobenzoic acid)	10 mg	†

#### Other Ingredients:

Microcrystalline cellulose, stearic acid, rice bran, magnesium stearate, pharmaceutical glaze, silica

\* Percent of Daily Value based on a 2,000 calorie diet.

† Daily Value (DV) not established.

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