

Phyto-Tech™ Liquid Herbal Supplements Product Reference Guide

Allergy Complex

This supplement supports healthy sinus and respiratory systems function by exerting an anti-histamine, decongestant type action.

Who might benefit from this supplement? Those suffering from allergic rhinitis, hay fever, asthma, and sinus congestion.

Phyto-Tech™ Allergy Complex contains the following herbs: Nettle Leaf, Eyebright Herb, Yerba Santa Leaf, Turmeric Root, Lobelia Herb, Ambrosia Herb.

Dosage: Preventative: Begin use 2-4 weeks before the onset of the allergy season by taking *Allergy Complex* 2 times per day. This will increase resistance to pollens before they even start. Keep taking throughout the allergy season. Results can vary from a percentage decrease in reactivity to complete eradication of symptoms.

Acute Allergies: The dosage here needs to be from 3-4 times per day until symptoms begin to subside. Stopping an acute allergy attack with herbs is more difficult, but is still possible

Complimentary Formulas: Many herbalists feel that allergies are a symptom of liver deficiency, and recommend taking Phyto-Tech™ *Liver Support* along with *Allergy Complex*.

Eyebright, Nettle and Ambrosia are anti-histamine in action. Yerba Santa helps decongest. Tumeric treats liver deficiency which almost all hay fever is a symptom of. By treating the underlying constitutional predisposition, Phyto-Tech™ Allergy Complex can work deeper.

(Note: Ambrosia is also known as ragweed. The leaf extract inhibits histamines caused by the pollen of this plant. One is not allergic to the leaf)

1 fl oz - Product Code: 56983 List: \$10.90 ~ Discount \$8.72

Alcohol Free: Code 57041 List: \$11.60 ~ Discount: \$9.28

Child Friendly: Code 57013 List: \$10.90 ~ Discount: \$8.72

Suggested Use: 30-60 drops in water or juice, 2-3 times daily, or as needed.





Professional Strength
Allergy
Complex

HERBAL SUPPLEMENT 1 fl oz (30 ml)

Supplement Facts Serving Size 30 Drops (1 ml) Servings Per Container 30	
Amount Per Serving	% DV
Nettle Leaf Eyebright Herb Fresh Turmeric Root Fresh Yerba Santa Leaf Lobelia Herb Fresh Ambrosia Herb	95 mg* 95 mg* 87 mg* 85 mg* 40 mg* 8 mg*
Herb Strength Ratio 1:2.5	
* Daily Value (DV) Not Established	

OTHER INGREDIENTS: Grain Alcohol (43-53% by volume), Deionized Water Herbs are certified organic or wild harvested.